

ASSOCIATED & CATHOLIC COLLEGES

Of

WESTERN AUSTRALIA (Inc)

YEAR 9 BEACH LIGHTNING CARNIVAL

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**ASSOCIATED & CATHOLIC COLLEGES**  
**OF**  
**WESTERN AUSTRALIA (Inc)**

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**YEAR 9 BEACH LIGHTNING CARNIVALS**

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**OF**

## WESTERN AUSTRALIA (Inc)

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### YEAR 9 BEACH LIGHTNING CARNIVAL

#### 1. AIM

The Association aims at providing a sporting function which gives students of all abilities the opportunity to participate in a chosen sport and to represent their school in accordance with the main aims of the ACC's Constitution.

It specifically caters for those students who do not easily gain selection in the general stream of representative teams

#### 2. INVOLVEMENT

The Year 9 carnival in Term 4 is beach based with a combination of land and water based activities. Limited numbers of Year 9 students, who are capable of longer distance swims in surf conditions, will participate in the optional biathlon. The optional 'swim' activity (as part of the rotational activities) requires normal surf swimming ability. Other game activities require 'sports participatory' abilities. Due to the limited numbers, it is suggested that participation may be offered as a reward for endeavour during the current school year. **The event will also require a minimum number of six (6) schools to nominate for this event for it to be viable and proceed.**

#### 3. STRUCTURE OF TEAMS AND POOLS

- (a) Selections for these Year 9 teams are to be made with the above involvement factors in mind, as well as combining approximately equal numbers of boys and girls in 'mixed teams' where possible. This does not apply to single gender schools.
- (b) Dependent on the number of pools needed, colour descriptions will be as follows and in the order prescribed:

Red	Purple
Blue	Black
Green	Pink
Yellow	Grey
White	Crimson          etc

All pools assume equal team ability levels i.e. grading of teams does not occur. Teams from an individual school will be placed in different pools to avoid fixtures between those teams where possible. Teams will consist of up to a **maximum** of 10 members.

#### 4. SPORTS/ACTIVITIES

Aquatic/Beach Environment in 'mixed' teams, some activities may be added/deleted depending on team nominations:

- Biathlon (restricted numbers) - optional
- Touch
- Continuous Cricket
- Volleyball or Newcombe
- Hoop Ball

- Swim
- Sand Sculpturing

## 5. SQUAD AND TEAM NUMBERS

<b>Biathlon</b>	<b>Approx 10 competitors per school</b>	<b>Teams of 2-3 students Same or mixed gender OR, single entry competitor</b>
<b>Other sports</b>	<b>120 (Max)</b>	<b>12 teams of 10 5:5 male / female ratio per team (unless single gender school)</b>

- Numbers to be advised ASAP, according to the number of participating schools.
- Maximum of 12 teams or 120 students per school, this may be increased depending on nominations from other schools. If the numbers of schools attending is low then schools would be able to nominate more than 120 students.
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## 6. DATE OF CARNIVAL

Friday, 1<sup>st</sup> December 2023

## 7. TEAM NOMINATIONS

- Nominations are due by 20<sup>th</sup> November 2023
- Nominations are to be submitted online via a web form and is available for input at:  
<https://www.accsport.asn.au/carnivals/lightning-carnivals/year-9-beach-carnival/nominations>
- The name and mobile phone number of the following staff must be provided with your nomination:
  - Sport Controller: only if your school is allocated a sport controller duty (see item 11)
  - School contact: the staff member in overall charge of each school
  - Facility Supervision: staff member responsible for the facility supervision (only one school is allocated this duty (see item 22)).
- **NB:** Late nominations **will not** be accepted due to the pressure of compiling, collating and forwarding fixtures to participating schools well in advance of the carnivals.

*Refer: Appendix No's 2A/or 2B "TEAM NOMINATIONS"*

## 8. MIXED TEAMS

- All teams are to be of mixed gender in the proportion of approximately 50/50 male/female.
- Single gender schools select a maximum of the number of participants specified.
- When single gender teams play mixed teams it may be appropriate to mix up the teams so there is an even split of males and females to avoid one side contests.

## 9. VENUE

Leighton Beach, North Fremantle

## 10. CONTACTS

**Fremantle Surf Life Saving Club**  
Port Beach Road,  
Leighton WA 6159  
Ph: 9335 4359



## Leighton Beach Kiosk

### ACC

Kyle March 0413 531 921  
Cherie Pirnie 044 750 2248

### Surf Life Saving Western Australia

7 Delawney Street,  
Balcatta WA 6021  
Ph: 9207 6666  
Website: [www.surflifesavingwa.com.au](http://www.surflifesavingwa.com.au)

## 11. INDIVIDUAL SPORT/ACTIVITY CONTROLLERS

Each sport / activity is controlled by an overall controller who is nominated from a participating school. This person **IS NOT** to assume the role of a specific sport supervisor for his/her own school.

**NB: To set up grounds / areas, controllers of all sports are to be on location by 8.00 am on the day of the carnival.**

**Appointed Sport Controllers will be advised, once nominations have closed.**

Specific problems related to the individual sport are to be directed to the individual sport controller.

*Refer: Appendix No 1, "DUTIES OF INDIVIDUAL SPORT/ACTIVITY CONTROLLERS".*

## 12. STAFFING

### 12.1 General

- 12.1.1 It is **ACC POLICY** (as determined by the Council of Member Principals) that staff appointed are suitable for the task/s assigned. When a school confirms participation, it has also considered the ability to staff that participation (i.e. staff assignment is not simply due to the fact that a staff member has more gaps in his/her school timetable in comparison to other staff members).
- 12.1.2 The ACC recommended staff/student ratio at surf beaches is 1:12. Every 12 students within a sport/activity, as nominated by an individual school, must be supervised by a staff member or suitably qualified adult as designated by the Principal. Each individual team must also have a coach/umpire. These can be **competent** Year 11-12 students. However, student umpires/coaches **ARE NOT** responsible for student supervision and schools using student umpires/coaches **MUST STILL** meet the overall 1:12 staff/student ratio and have adequate staff members present to supervise participating students and student umpires/coaches within each sport. Schools without adequate staff supervision are abrogating their duty of care. In addition to 12.1.2, each school is to have at least one staff member with a current SLSA surf life saving bronze medallion or SLSA Surf Rescue Certificate to supervise students at the swim station.
- 12.1.3 Sport Controllers described in item eleven (11), are **not** to act as individual team managers.
- 12.1.4 Individual schools at a venue, are to have a staff member to act as the contact person ('floater') in charge and available to assist with emergency care (e.g. if a student is to be driven to a hospital). The remaining students/teams **ARE NOT** to be left unsupervised in the event of an injury. The staff "floater" **MUST** have access to a mobile phone and the number provided to the ACC before the carnival. The staff "floater" should not be in charge of a team.
- 12.1.5 All staff/coaches are asked to wear a school name badge and shirt in their school colours so that they can be identified.

## 12.2 Supervision

- 12.2.1 Each school is to determine their appropriate staff/student ratio after considering the relevant factors such as; type of activity, environment, type of anticipated hazards, minimum ability of students, qualifications of school staff and the level of outside professional supervision provided at the venue.
- 12.2.2 The CEOWA “Guidelines for School Camps and Excursions” recommends a ‘best practice’ ratio of 1:12 for school excursions at surf beaches.
- 12.2.3 The ACC recommends that every 12 students within a sport/activity participating in the carnival is to be supervised by a staff member or suitably qualified adult as designated by the Principal.
- 12.2.4 In addition to 12.2.3, each school is to have at least one staff member with a current **SLSA surf life saving bronze medallion or SLSA Surf Rescue Certificate** to supervise students at the swim station. If schools allow students to enter the water outside the patrolled swim station then they must have another supervising teacher with the above mentioned qualifications. *The standard bronze medallion qualification is not sufficient as this only covers supervision in pools and not at surf beaches.*
- 12.2.5 The ACC utilizes the services of at least two qualified Surf Lifesavers to patrol the designated swim station. The lifesavers are not responsible for patrolling the beach outside the swim station area. The lifesavers and first aid officers will not supervise students after the final activity rotation is complete (approx 1pm) After this time schools are **TOTALLY** responsible for student supervision/safety/first aid.
- 12.2.6 The school staff member (outlined in 12.2.4) is to strictly supervise his/her group during the swim station in conjunction with the professional surf lifesavers who will patrol the swim station.
- 12.2.7 Staff members/coaches from both schools act as umpires at each individual game location. Either staff member or coach would then assist participants in case of injury.

## 13. UMPIRES

- Both staff members or coaches in attendance at an individual game location are to act as umpires (whistles needed and to be provided by the schools).
- Clothing/badges: To assist with identification and supervision, all staff are to wear a school name badge and if possible a school shirt so that they are easily identified. Student umpires/coaches should also wear a name badge designating them as a coach/umpire.
- Each individual team must have a coach/umpire. These can be **competent** Year 11-12 students. Staff members however, are always responsible.
- Student umpires/coaches **ARE NOT** responsible for student supervision.
- Schools using student umpires/coaches **MUST STILL** meet the 1:12 staff/student ratio and have adequate staff members present to supervise participating students and student umpires/coaches. Schools without adequate staff supervision are abrogating their duty of care.

## 14. SCORING

Scores are not kept and awards or trophies for winning teams and best players are not made.

## 15. TIMING

Sports controllers, either individually or in co-operation with adjoining sports controllers, are to manage the timing of changeovers (rotations). A central public address system is NOT used.

Set up	8:00am – 9:00am
Grouped briefing	9:00am – 9:30am
Biathlon (restricted numbers)	9:30am – 10:00am
First Fixtures	10:00am - 10.30am
Second Fixtures	10.30am – 11:00am
Third Fixtures	11:00am - 11.30am
Fourth Fixtures	11.30am - 12.00pm
Fifth Fixtures	12:00pm - 12.30pm
Sixth Fixtures	12.30pm - 1.00pm
Clean up and recovery	1:00pm - 1.30pm

**NB:** Times are based on constraints such as travel, activity control, safety (total numbers and added responsibility of swimming) and the stage of the day (limited exposure at peak times).

Individual activity timing occurs, with all fixtures starting and finishing on the hour or half hour.

## 16. FIRST AID

Surf Life Saving Officers with first aid qualifications will be in attendance at the event. Schools are responsible for minor injuries and should bring their own first aid kit. Schools are also responsible for providing sunscreen to their students.

Students are to be advised, as to protection with regard to wind and sun burn, prior to the carnival.

## 17. CATERING

Schools and individual students should bring their own lunches and adequate supplies of liquid refreshments. The Leighton Beach Kiosk (if open) is available to students during the carnival.

As the carnival concludes at 1.30 pm, schools are to schedule their lunch break at this time.

## 18. CONDITIONS OF PLAY

### **BIATHLON**

THE COURSE (*approximate order and distances – see [Appendix 3: Venue and Ground Layout](#)*)

Run	1000m
Swim	250m
Run	800m

*Refer to Appendix 4 "VENUE AND GROUND"*

### **RULES**

- Competitors to be competent surf/distance swimmers and to be physically fit to complete the course.
- A 20 minute maximum time limit is imposed - all competitors will move directly to the finish line when the 20 minute hooter sounds.
- Individual staff are to cross check that all of their competitors are accounted for.
- All biathletes must abide by the Safety Marshall's instructions.
- No flotation devices are permitted.
- No fins, paddles or flippers are permitted.
- No wet suits are permitted.
- Footwear for the running sections is optional.



## PLACES GAINED

Recognition will given to the first three separate gender placegetters, however trophies are not awarded.

## SWIM

- The swim section of the rotation activities is **not** a competitive activity.
- There will not be a sports controller allocated to this activity.
- The lifesaving representatives and teachers in charge will brief students as to safety requirements prior to their entry into the water.
- School staff are to communicate with lifesaving staff (those who man the IRB rescue craft and the rescue boards).
- Schools must develop a means of identifying and accounting for participants in the water at the swim station.
  - Students and supervisors must be easily identifiable.
  - The teacher-in-charge is to decide on a suitable system(s) of identification of participants based on the assessment of the environment, students' swimming and water safety skills, the type of activities to be undertaken, and the number of students.
    - 'Buddy practice' must be maintained at all times so that students can monitor and check the safety and welfare of their partner
    - Systems for identifying students may include:
      - the wearing of 'lifesaver' or swimming caps, neoprene armbands or coloured rash shirts;
      - confining students to designated areas not being utilised by other schools or the public;
      - coloured helmets
      - buddy systems.
- Students can only swim in the designated and patrolled swim area. Students should not enter the water outside of this area.
- Each school needs to "actively" supervise their students while at the swim station and ensure they remain in the patrolled area.
- Each school should have at least one staff member with a **SLSA surf life saving bronze medallion or SLSA surf rescue qualification** and this person should be supervising their students at the swim station.
- Each school should have assessed the swimming ability of their students and only allow those students to enter the water that have basic survival proficiency.
- The ACC contracts SLSWA to provide surf rescue at the swim station but this does not abrogate each schools responsibility for their own students at the swimming station.

## TOUCH

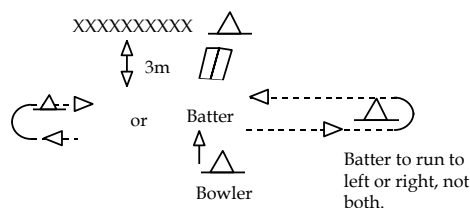
- Normal code rules except . . . .
- 7 players on field per team (3 subs per team).
- No penalty tap.
- Every play, including the first play at the start of a game and after each score, is a roll-ball.
- Players from each team are to wear a bib.

## FIELD DIMENSIONS

The size of the beach Touch field will be determined by the number of fields required and space available. The field is between 30–50 metres long, 20–35 metres, wide, and the in-goals are 3–7 metres deep. There are no goalposts on the field, and the lines are marked with cones.

## CONTINUOUS CRICKET

### PITCH LAYOUT



- A bowled ball must not bounce more than once to render a batter out (bowled or caught after a hit).
- Underarm/overarm bowling is permitted.
- A batter can only be given out when bowled or caught except . . . .
- On completing 12 individual runs, the batsman must change with the next batter in line.
- Bowlers to rotate every 3 batsmen.
- 3 out all out.
- For the next innings, the batting line-up continues from where it left off.
- Gator balls and foam softball bats are used instead of cricket equipment.

## BEACH VOLLEYBALL

- The activity controller will determine a change from Beach Volleyball to Newcombe, dependent on wind conditions if necessary.
- Normal volleyball rules except . . . .
  - 7 on court per team, at any one time (3 substitutes based on a rotational system).
  - Serving technique may include a serve from the support hand.

## HOOPBALL

Netball rules except . . . .

- 7 on court players per team (3 substitutes), including the goalie stationed in the hoop.
- Players to wear a bib.
- The goalie must have one foot in the hoop at all times.
- The goal defenders are not permitted to advance closer than one (1) metre, on the hoop at all times.
- Players are not limited to sections of the court (except hoop).
- The offensive goalie is to rotate his/her role with team mates after each goal is scored - all players are to be included in the rotation within that team.

## SAND SCULPTURING

- At the beginning of the round a theme for the sand sculptures will be drawn out of a hat
- Teams will have a given time to complete their 'masterpiece'
- Team members must stay within the designated boundaries (dunes and water are out of bounds)
- Teams must bring any equipment they feel they may require to complete their masterpiece
- (within reason)
- Judges decision will be final.

## 19. DRESS

Schools are asked to ensure that students are suitably attired for participation in active beach games. Sun protection and modesty needs to be taken into account. **Bikinis and bare upper bodies are not appropriate.**

The ACC recommends that all students wear their school PE shirt, bathers/boardshorts and a hat. Students should travel to the venue in their beach attire to avoid having to change at the beach venue.

**Each team should have a set of coloured bibs/sashes**, in the event that the two participating teams have similar coloured PE tops.

Cumbersome bags etc are to be avoided for storage and security reasons. Do not leave bags in changerooms. The ACC will not be held accountable for lost, stolen or missing bags and property.

## **20. CONCLUDING FIXTURE PROCEDURE**

- (a) Students, under the direction of their team managers and sport supervisors, are to assist the sport controller with the retrieval of equipment from the ground which they are last using.
- (b) Marker cones, corner posts and goal posts etc., are to be returned to a central location for storage or retrieval by the ACC.
- (c) A thorough cleanup of the immediate area used by each school is to naturally proceed during the course of the carnival and in particular after the concluding fixture.
- (d) Lost property is to be returned to the central location.
- (e) Schools will be dismissed when the controllers are satisfied that the cleanup is complete.

## **21. EQUIPMENT**

**NB:** Ensure all your equipment is marked (personal and school based).

The following equipment is to be provided as follows:

**NB:** A set of bibs should accompany teams at Touch/Hoopball (to be worn in the event that the two participating teams having similar coloured tops).

	<b>ACTIVITY CONTROLLER</b>	<b>LIFESAVERS (SLSWA)</b>	<b>ACC</b>	<b>EACH SCHOOL</b>
BIATHLON	<ul style="list-style-type: none"> <li>1 x loud hailer</li> <li>Whistle</li> <li>Pressure can starter horn</li> <li>Start line markers and line (sand drawn start line)</li> <li>Turning flag</li> <li>Beach to water and vice versa entry/exit flags x 2.</li> <li>Staff: 1 x Marshall, starter and judge 1 x turn flag for run/s 1 x entry flag for swim 1 x exit flag for swim 1 x swim monitor</li> <li>4 orange cone markers</li> </ul>	<ul style="list-style-type: none"> <li>IRB rescue craft manned by two (2) life savers.</li> <li>Rescue boards x 2 manned by lifesavers.</li> <li>Swim cans x 3 (5 anchored).</li> <li>"Swim between markers" signs.</li> </ul>	<ul style="list-style-type: none"> <li>1st Aid Post</li> </ul>	<ul style="list-style-type: none"> <li>1st Aid Kit</li> </ul>
SWIM (School teacher in charge)	<ul style="list-style-type: none"> <li>'Swim between sign/flags'</li> <li>Communication with lifesaving/rescue staff.</li> <li>Communication with school staff who accompany school sub-groups.</li> <li>Watch (rotations on the half hour).</li> <li>Rotational enter/exit water system.</li> <li>Safety enter/exit water system.</li> </ul>	<ul style="list-style-type: none"> <li>Zodiac rescue craft with two (2) lifesavers</li> <li>Rescue boards x 2 manned by lifesavers</li> <li>Swim cans x 3 (5 anchored)</li> <li>"Swim between markers" signs.</li> </ul>	<ul style="list-style-type: none"> <li>1st Aid Post</li> </ul>	<ul style="list-style-type: none"> <li>Watch</li> </ul>
TOUCH	<ul style="list-style-type: none"> <li>Whistle x 1 per umpire</li> <li>1 touch football per game (10)</li> <li>Marker cones per ground</li> <li>Watch</li> </ul>		<ul style="list-style-type: none"> <li>1st Aid Post</li> </ul>	<ul style="list-style-type: none"> <li>Watch</li> <li>Set bibs x up to 10</li> <li>Whistle /staff member/ team</li> <li>1st Aid kit</li> </ul>
CONTINUOUS CRICKET	<ul style="list-style-type: none"> <li>Set '3' cricket wickets x 10 set</li> <li>Bats x 10</li> <li>Ball (tennis/gator ball) x 10</li> <li>3 marker spheres/ground = 30</li> <li>Watch</li> </ul>		<ul style="list-style-type: none"> <li>1st Aid Post</li> </ul>	<ul style="list-style-type: none"> <li>1st Aid kit</li> <li>Watch</li> </ul>
VOLLEYBALL/ NEWCOMBE	<ul style="list-style-type: none"> <li>Watch</li> <li>4 corner marker spheres/ court = 40 cones.</li> </ul>		<ul style="list-style-type: none"> <li>1st Aid post</li> <li>Portable volleyball kits</li> <li>No. of kits will depend on team numbers</li> </ul>	<ul style="list-style-type: none"> <li>Whistle/ staff member/ team</li> <li>1st Aid kit</li> <li>Watch</li> </ul>

HOOPBALL	<ul style="list-style-type: none"> <li>• Hoops (two/game) = 20</li> <li>• Netballs x 10</li> <li>• Corner marker spheres (four per game) = 40</li> <li>• Watch</li> </ul>		<ul style="list-style-type: none"> <li>• 1st Aid Post</li> </ul>	<ul style="list-style-type: none"> <li>• Whistle/ staff member/ team</li> <li>• 1st Aid kit</li> <li>• Set bibs x up to 10</li> <li>• Watch</li> </ul>
SAND SCULPTURING	<ul style="list-style-type: none"> <li>• Markers x 40</li> <li>• Whistle</li> <li>• Theme cards + 'hat'</li> </ul>		<ul style="list-style-type: none"> <li>• 1st Aid Post</li> </ul>	<ul style="list-style-type: none"> <li>• School to supply own equipment e.g. buckets &amp; spades</li> </ul>

## 22. FACILITY SUPERVISION

Staff are rostered to supervise venue facilities (toilets/kiosk). Once nominations close, the school allocated to this role will be informed

## Appendix 1

### *To Year 9 Beach Lightning Carnival*

#### *DUTIES OF INDIVIDUAL SPORTS/ACTIVITY CONTROLLERS*

1. To liaise with the Director of Sport on such matters as fixtures, venue, ground layout, equipment and general information.
2. To be familiar with the conditions of play.
3. To be familiar with the venue and proposed ground layout.
4. To assist with changes to fixtures if required.
5. To arrive at the venue by 8.00am on the day of the carnival to construct area locations and grounds according to the map provided.
6. To form a working party which will assist with the ground layout.
7. To brief all schools, teams and individuals according to ground location, fixtures, byes if used, behaviour, special rules, the lunch break, toilet location, use of drinks vans, location of the First Aid Officer, final fixture procedure and clean up.
8. To receive and solve individual problems associated with the management of that sport.
9. To individually or in co-operation with adjoining sports controllers, manage the rotation between activities. Central timing is not used.
10. To direct the clean up in the location used by that sport and direct the recovery of all equipment and return it to a central location.
11. To provide all equipment required for their activity, unless directed otherwise by the ACC.

**Appendix 2**

*To YEAR 9 BEACH LIGHTNING CARNIVAL*

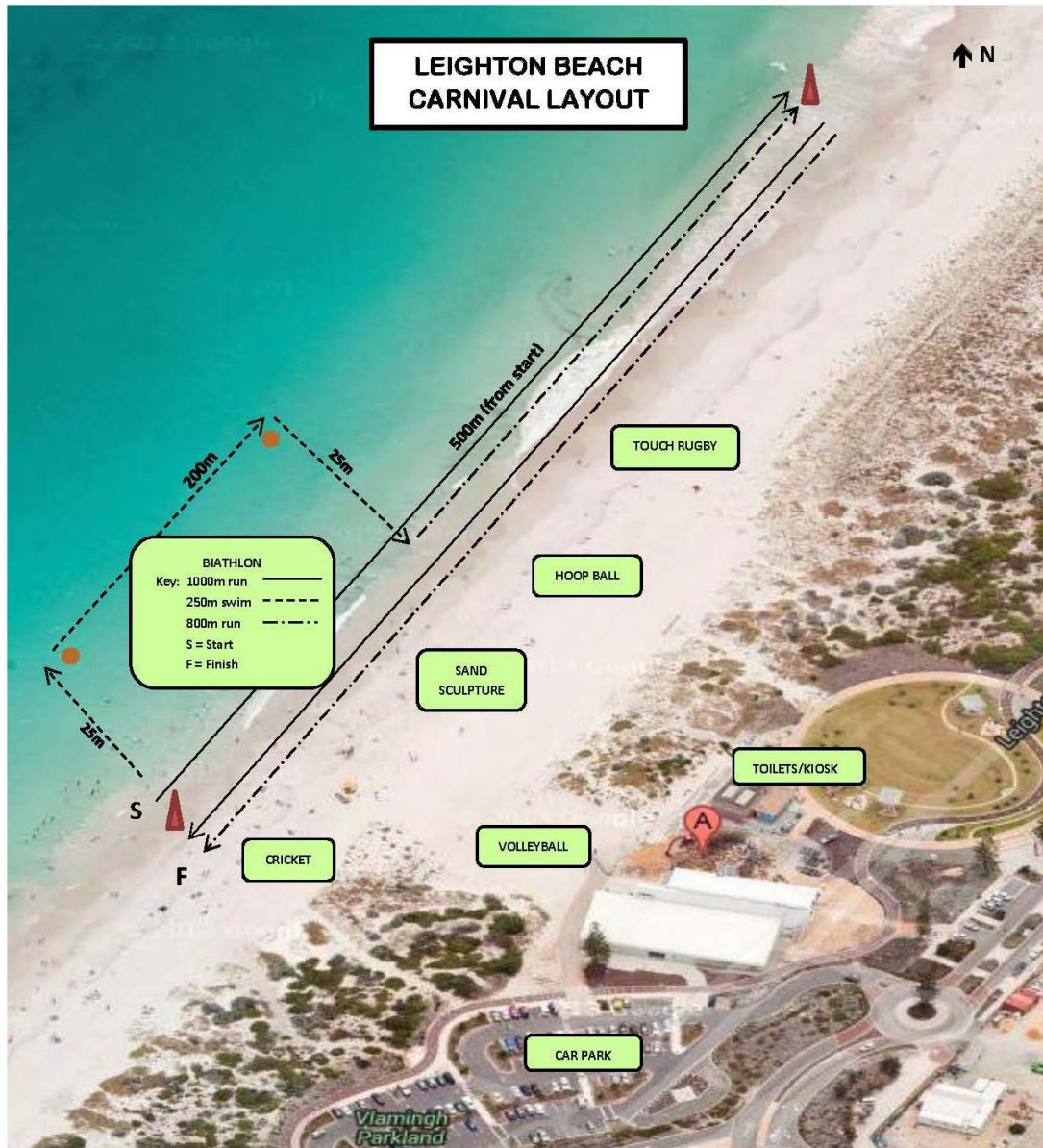
*TEAM NOMINATION FORM - (SUMMER/BEACH CARNIVAL) YEAR 9*

Nominations are to be submitted online via a web form and is available for input at:

<https://www.accsport.asn.au/carnivals/lightning-carnivals/year-9-beach-carnival/nominations>

**Appendix 3**

*To YEAR 9 BEACH LIGHTNING CARNIVAL  
VENUE AND GROUND LAYOUT*





**Appendix 4**

*To YEAR 9 BEACH LIGHTNING CARNIVAL  
STAFF FACILITY SUPERVISION DUTIES*

**On Arrival**

1. Inspect the toilet/s and changeroom/s and make a note of pre-existing problems (e.g. graffiti, litter, availability of toilet paper, physical damage to toilet seats and doors etc).

**Subsequent shifts**

1. Inspect toilets and changerooms.
2. A written indication of a change to the status quo is only necessary if there is something serious to report (In this case the problem is to be immediately referred to the Carnival Manager).
3. Do not leave your duty (unless relieved by your school's internal roster).
4. Be "visible" to students, as a preventative measure to damage.
5. Record names and school of offenders: pass details directly to the Carnival Manager.

**Appendix 5**

*To YEAR 9 BEACH LIGHTNING CARNIVALS  
FIXTURES*

*To be issued separately once nominations have closed*